

HELPING HANDS MINISTRY FOR PARISH SENIOR CITIZENS: Do you have a need for a handyman at your home? The parish men’s Helping Hands ministry are willing to come do some light work for you. For information, call Dave at 509-230-3938 or John at 314-560-7771 or if you would like to be a volunteer.



The Diocesan Eucharistic Congress is August 15, 2026 and will be held at the West Plains Civic Center in West Plains, Mo. Seating is limited so please register now! Join us in praying, learning, and celebrating the 70th Anniversary of the Diocese of Springfield-Cape Girardeau. Now is the time to see that your online registration as a family/individual is made. To learn more about the Diocesan Eucharistic Congress and register online, visit <https://dioscrg.org/diocesan-eucharistic-congress/>.

LOOKING FOR MORE SPIRITUALITY? SOUTHERN MISSOURI CURSILLO FOR WOMEN AND MEN: Cursillo in Christianity is the Proclamation of Being Christian. The retreat is a “Short Course in Christianity.” During the three days retreat you will work together, as you listen to talks given by priests and laity. There will be Mass daily, time for meditation, Way of the Cross, Rosary, and Reconciliation.

The Cursillo Movement can have incredibly positive results in the spiritual revitalization of the person and in turn, the world. The goal of Cursillo is that Christ be the prime influence in society. The goals are to develop a consciousness of the uniqueness, originality, and creativity of the person. Our mission is to be a leader in the work of Christian renewal. It will sustain you and provide a Christian leaven of your environments, society and in the world. The Cursillo Movement continued after the weekend retreat with “Friendship Groups” and Ultreya that included all men and women that had attended Cursillo Retreats. *“Make a Friend, Be a Friend, Bring a Friend to Christ.”* **The Women’s Cursillo will be October 15-18, 2026, and the Men’s Cursillo will be November 12-15, 2026, both held at Vietnamese Martyrs Retreat Center in Carthage, MO. For additional information, please contact Mary Williams at 417-371-3588 or by email at williams6mi@gmail.com**



LIFE LINE HEALTH SCREENING: You are invited to a Life Line screening event! Where? Sacred Heart McKenna Hall; When? Thursday, July 30, 2026. This screening is the nation’s leader in stroke and cardiovascular disease risk screenings.

Who should attend? Anyone over the age of 40. There are 4 ways to book an appointment. 1. Call 888-814-0466 and use promo code HSCA001 2. Text the word ‘circle’ to 216-279-1607 3. visit LLSA.SOCIAL/HSCA or 4. scan the QR code that is on the Life Line flyer found on the bulletin board.



ATTENTION CATHOLIC MEN: Are you interested in attending a men’s retreat? There will be a men’s retreat at Whitehouse Retreat Center in St. Louis, MO, October 29-November 1, 2026. There is room for 6 men to attend who are seeking God in silence and in prayer. For more information, contact James Long, 573-382-0738.

CORNERSTONE CATHOLIC SCRIPTURE STUDY: Study, Connect, Transform...these words describe the mission of the Cornerstone Catholic Scripture study. The Bible is the Word of God, spoken in the past and alive in the present. The Cornerstone gives you a sense of connection with God and those who journey with you. The Cornerstone can lead to spiritual growth that transforms you little by little, step by step. We invite you to join us for our upcoming study of “Exodus, A Journey of Faith.” This study is for adults who wish to deepen their faith through an increased knowledge of the inspired Word of God, which can transform your heart and mind. Weekly meetings will be held from September 2026 through April 2027. All you have is 15 minutes? Perfect! Fifteen minutes is all you need for your daily study. This is in the Springfield area. St. Francis—Nixa: meets Tuesday mornings (call Joy at 660-651-5280); Holy Trinity—Springfield: meets Thursday mornings (call Nicola at 417-300-0840); St. Elizabeth Ann Seton —Springfield: meets Tuesday evenings* this includes a group that meets on Zoom (call Bruce at 417-833-7913); or visit our website at www.thecornerstonescripturestudy.org

Sacred Heart Catholic Church

Bellevue, MO

July 19, 2026

Diocesan Eucharistic Congress

August 15, 2026

West Plains Civic Center

Deadline to register is July 31st

<https://dioscrg.org/diocesan-eucharistic-congress/>

70 YEARS 1956-2026

Diocese of Springfield-CAPE GIRARDEAU

HEART TO HEART.....by V. Rev. Scott M. Sunnenberg

Dear Parishioners,

Throughout this month we are collecting baby wipes and diapers (especially sizes 3-5) to support the work of Alpha House. These items may be left in the vestibule around the large bank of windows at the foot of the Cross. Items will be delivered at the end of the month to Alpha House. Thank you for your generosity. Also, please be sure to return the Alpha House baby bottles if you have one. We have six bottles that have not been returned. This bottle fundraiser is a major annual income for Alpha House and we want to be diligent stewards in returning these for all the good works they do.

I have called, invited, encouraged, begged, and pleaded with the flock at Sacred Heart to register and make plans to attend the Diocesan Eucharistic Congress. You have seen it in the bulletin, the Mirror publication, the Sacred Heart Parish website, and social media. You have heard me speak about it in the pulpit at Masses or in the gatherings and conversations these past many months. For some reason in light of all previously mentioned, we are still, as a parish, woefully lacking on our registration numbers. Thank you to all who have registered. NOW IS THE TIME, if you HAVE NOT registered, today is the hour (not tomorrow or next week), please do not let this fall on closed hearts of deaf ears! Get registered TODAY, I personally ask of you in my capacity as your shepherd. Next weekend we will have a sign up station in the vestibule with assistance provided for online registration after all Masses in order to make it easier for those who have yet to register. The registration fee is \$10 with a maximum of \$25 per family. Should ANYONE require assistance, we have scholarships available. Additionally the parish bus will have limited seats available on a first come, first serve basis. Call the parish office to see about registration for remaining spots on the bus.

Please keep in your prayers the family of Bill Cohan, who passed away recently. His wife Sally and immediate and extended family will gather for a funeral Mass Monday, July 20th, at 12:00 p.m. Remember it is a corporal work of mercy to bury the dead and we can do this by attending funeral Mass. Eternal rest grant unto him O Lord and let your perpetual light shine upon him. May he rest in peace.

Welcome to Fr. Joseph of the Congregation of the Mother of the Redeemer in Carthage. Fr. Joseph is covering our Masses this weekend and is a familiar face and friend of our parish family. Thank you Fr. Joseph for being with us.

Through the Hearts of Jesus & Mary,
Fr. Scott



ADORATION
TO THE BLESSED
SACRAMENT
First Friday-7:00 AM-6:00 PM
Second & Third Wednesday-6:00 PM
Fourth Sunday-between Masses

WEEKLY SCHEDULE

Wednesday-July 22
8:30a Mass Carol Classe
1:00p Purgatorial Society
Thursday-July 23
8:30a Mass In Thanksgiving of
Julia Valdes
Friday-July 24
6:00p Mass Estranged Families
Saturday-July 25
6:00-6:15p Confessions
6:30p Mass Mark Clark+
Sunday-July 26
7:30-7:50a Confession
8:00a Mass Parish Family
10:30a Mass Estranged Families

WEEKLY STEWARDSHIP

OUR GIFTS TO GOD
Sacred Heart Parish
7/12/2026

Env/Cks:	\$ 3,291.00
Plate:	464.81
Maintenance:	359.00
Hall Rental:	100.00
Total:	\$ 4,214.81

PRAYERS FOR SICK & HOMEBOUND

Robert Agee	Shirley Harris	Mary Lou Sanders
Rick Bigler	Mel Hendrickson	David Sandgren
Elizabeth Bock	Ann Kathka	Dean Siemer
Kevin & Donna Breesawitz	Don Keiter	Linda Smith
Myrna Bressner	Paula Keller	Charles Stanek
Becky Briggs	Gary Kirkpatrick	Mark Stanek
Sienna Cortes	Jackie Lore	Jerry Sukovaty
Ron Dane	Mary McGinnis	Bev & Sam Swihart
Lisa Doyle	Jim Otradovec	Henri Thibault
JR Fleeman	Bobette & Phillip Owens	Kay Torgerson
Carol Francka	Annette & Tony Petrone	Jaylynn Williams
Carol & Dan Gorman	Kathleen Ricke	Fr. Pat Wissman
	Sandra Samek	

MILITARY PRAYER ROSTER: Please remember those in our parish families serving in the military: Navy E3 Fireman Lucas Guynn, Lt. Jenn Jordan, LCpl. Samuel Wick, and 1 Lt. Nick Yocom.

DIOCESAN DEVELOPMENT FUND PARISH UPDATE: We have not had any pledges come in for the last several days. We would like to see all of our members make an effort in giving to this campaign. Everyone can give something—no gift is too small. Our goal is to reach 118 donor households. So far we have received pledges from 65 homes which is 55% of our goal.

PURGATORIAL SOCIETY: Come join us Wednesday, July 22, at 1:00 p.m. to pray for our beloved dead and deceased members of the parish family and Holy Souls in purgatory. Afterwards join us for refreshments as we get to know each other. If you have any questions, please call 417-350-2682.

THANK YOU! Hello Sacred Heart Parish Community! Thank you so much for welcoming me into your parish this past week. It has truly been a joy getting to meet many of you and share about FOCUS’ mission with you. I appreciate your generosity and hospitality. I pray that the Lord blesses all of you in abundance! If you want to reach out to schedule an appointment, but missed the opportunity, please do not hesitate to email me at amara.trudzinski@focus.org. Know of my prayers for you! Please continue to pray for me!
In Christ, Amara Trudzinski, Missionary—Queens College (FOCUS)